



LODE HEATH PHYSICAL EDUCATION

BTEC tech award in Sport



What does it consist of?

- **3 lessons of BTEC a week. This will be a mixture of Theory and Practical.**
- **The course consists of 3 components. Two coursework units (6 assignments in total) and one exam unit.**
- **Students will be videoed for three of their assignments.**
- **Students will be assessed in one sport.**

What content will this course cover?

- **Component 1 - Preparing Participants to Take Part in Sport and Physical Activity.**

This component is worth 30% of the overall grade and made up of 3 written and 1 practical assignment. This component will explore types and provision of sport and physical activity for different types of participant. Students will also examine equipment and technology required for participants to use when taking part in sport and physical activity. And finally, student will be able to prepare participants to take part in sport and physical activity. There will be a videoed assessment where they lead a 10-minute warm-up to a group of students.

- **Component 2 - Taking Part and Improving Other Participants Sporting Performance.**

This component is worth 30% of the overall grade. In this component students will understand how different components of fitness are used in different physical activities. They will also be able to participate in sport and understand the roles and responsibilities of officials. Finally, students will be able to demonstrate ways to improve participants sporting techniques. This is made up of 4 assignments. Two assignments will require the students to be videoed.

- **Component 3 - Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity.**

This is the exam unit and is worth 40% of the overall course. Students will demonstrate knowledge and understanding of components of fitness, fitness tests, training methods in relation to improving fitness in sport and exercise. This is a 1.5 hour written exam and is marked out of 60.

Specification: The BTEC Tech award in sport 2022 specification can be found on the Pearson website.

Recommendations

- Students should attend after school clubs
- Students should be willing to attend intervention club when needed.



LODE HEATH PHYSICAL EDUCATION DEPARTMENT



GCSE PE

BTEC SPORT

Which course should my child pick?

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| <ul style="list-style-type: none">• GCSE PE is more exam based• You should play at least one sport to a high standard outside of school.• It involves more anatomy and physiology content and looks in detail at the effect of exercise on the human body. | <ul style="list-style-type: none">• BTEC Sport is more coursework based.• You should show an interest in sport and PE and come to afterschool clubs.• It has a more blended approach to theory and practical work. |
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