



Year 8 Football Learning Journey



Equipment needed

- Footballs
- Cones
- Bibs

Reminders

- We will be outside – bring your jumpers or base layers.
- You will need supportive trainers.

<u>Lesson</u>	<u>Topic</u>
<u>Lesson 1</u>	Creating Space Know how to create space in a game.
<u>Lesson 2</u>	Passing and Receiving Passing and receiving when the ball is in the air. You will look at different types of control, passing under pressure and accuracy of passing.
<u>Lesson 3</u>	Dribbling whilst running with the ball Know when to use this skill in a game and use with turns.
<u>Lesson 4</u>	Shooting Shooting on the move and under pressure.
<u>Lesson 5</u>	Attacking as a team Passing and moving whilst communicating and having spatial awareness.
<u>Lesson 6</u>	Defending as a team Looking at different types of marking and communication.

Keywords

Communication

Accuracy

Receiving

Attacking

Defending